# Stroller Buying Guide





### Hello, I'm The Stroller Mom



Welcome to my comprehensive stroller buying guide! Whether you're an expectant parent, a caregiver, or simply need a new stroller, I am here to help you make an informed decision. With an overwhelming number of stroller options available, it's important to choose one that fits your lifestyle, preferences, budget and, most importantly, ensures the safety and comfort of your little one.

If you're new to my blog, I am Emily, a wife and mom of two little girls, almost three (expecting in early 2024). I started The Stroller Mom because I wanted honest reviews of strollers and was frustrated with how hard it was to find any. So many reviews make every stroller seem like the perfect fit with no flaws, but let's face it, there's no such thing as a perfect stroller. So, I set out to provide moms like you with reviews that show the upsides, but more importantly, the downsides, of each stroller. Knowing the downsides helps you better navigate the market and find the best stroller or strollers (sometimes you need more than one) for your family.

In this guide, I will walk you through the essentials when selecting a stroller by exploring the different types of strollers available, such as full-size strollers, travel systems, jogging strollers, and more, highlighting their advantages and ideal uses. Then we'll dive into key features and questions to consider when evaluating strollers, including maneuverability, fold size, safety features, and comfort elements for you and your child.

Whether you plan to stroll through city streets, tackle rugged terrain, or embark on frequent travels, I hope this guide will help you identify the stroller that fits your lifestyle.

—The Stroller Mom

## Types Of Strollers

#### 1. Full-Size Stroller

Features a spacious seating area, large wheels, and a sturdy frame. These strollers come with a range of accessories and features, such as adjustable seats, storage compartments, cup holders, and car seat compatibility. They can often be used from birth to toddlerhood and are great for everyday use.



# 2. Jogging Stroller

Jogging strollers are known for their stability and ability to handle

uneven terrain, making them suitable for activities such as running, hiking, and off-roading. They have great safety features and suspension to ensure a smooth ride for your child and a locking swivel wheel that allows the stroller to be pushed at faster speeds. Joggers are not recommended for babies under 6-months and can be bulky.



### 3. Compact/Travel Stroller



Designed to be lightweight, easy to fold and maneuver, and take up minimal storage space. These strollers often feature less storage, a smaller frame and wheels, and are intended for use on smooth surfaces. They are best for quick errands and travel.

#### 4. Stroller Wagon

A new trend combining the features of a traditional stroller with those of a wagon. Its larger wheels and ample storage space make it great for outdoor activities such as hiking, picnics, or trips to the beach. Some are compatible with infant car seats!



### 5. Double/Triple/Quad Stroller



These strollers are designed to transport multiple children simultaneously and come in different configurations, such as side-by-side and tandem. They typically feature larger frames and wheels than a single stroller and often have additional features and accessories.

#### Questions & Features

#### What is your Budget?

Strollers come at various price points, so look for one within your budget. There are some great budget-friendly strollers out there. If certain features and quality are important to you, consider shopping second-hand. You will be surprised at the deals you will find!

#### Where do you live?

Live in the city where you'll be taking your stroller on a subway or three-story walk-up? Consider something like a travel stroller that is light and foldable. Will you be pushing your stroller on rugged terrain? Joggers have thick/air-filled tires and built-in suspension to handle a variety of terrain. This is one of the most important factors when picking out a stroller.

#### What is your lifestyle?

Consider how active you are and where you plan on taking your stroller. If you'll be traveling by plane, a travel stroller is a must. If you'll be hiking or running, consider a jogging stroller. If you plan to be in and out of the car a lot, consider a stroller compatible with your infant car seat or full-size stroller. Be realistic about your needs today, and don't just focus on the lifestyle you hope to have!

#### What's your family makeup?

If you have one child or hope to have larger age gaps between children, look for something more simple like a full-size or travel stroller. However, if you plan on expanding your family quickly, a stroller that can grow with your family, like a double stroller or convertible stroller may be your best bet.

#### What size stroller do you need?

If you live in a small space or have a car with limited storage, you'll want to look for a stroller that has a small fold. Another size feature consideration is for parents of varying heights, look for a stroller with adjustable handles so both parents can use it comfortably.

